STUDY HABITS AND DEMOGRAPHIC CHARACTERISTICS OF WOMEN DISTANCE LEARNERS: A Comparative Study

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ABSTRACT

This article explores significant difference on demographic characteristics (course, marital, employment, locality, and age) and study habits of women distance learners. This study was conducted in five cities of Uttar Pradesh viz. Gautam Budh Nagar, Baghpat, Ghaziabad, Modinagar, and Meerut and data were collected 220 women distance learners from two Universities viz. IGNOU and SVSU following stratified sampling method. The findings revealed that there was no significant difference observed in overall study habits of demographic characteristics namely course, employment, marital and age wise. Significant difference was observed in overall study habits of locality ie. rural and urban women distance learners. The urban women distance learners were found to have better study habits than rural women distance learners.

It is recommended that the distance learning universities must pay special thrust for rural women distance learners by providing more support through personal contact programmes. Proper Academic and personal counseling help the women distance learners to developing proper and healthy study habits and it helps to develop in them a sense of security and development of self confidence.

Keywords: Study habits, women distance learners, demographic characteristics